

VRI ULTRASOUND PREPARATION INSTRUCTIONS
12-2017

Requisition Exam	Organs Covered	Patient Preparation	Additional Notes
Abdomen Complete	PANCREAS AORTA LIVER GALLBLADDER KIDNEYS SPLEEN	NPO at least 6 hrs	Nothing by mouth Exceptions: water & medications (No oil based supplements)
RUQ/Liver/GB/Spleen	LIVER GALLBLADDER SPLEEN	NPO at least 6 hrs	Nothing by mouth Exceptions: water & medications (No oil based supplements)
Aorta/IVC (AAA)	AORTA IVC	NPO at least 6 hrs	Nothing by mouth Exceptions: water & medications (No oil based supplements)
Appendix	APPENDIX	NPO at least 6 hrs	
Pelvis (EV if indicated)	UTERUS ENDOMETRIUM OVARIES ADNEXA BLADDER(LIMITED)	Begin drinking 32 oz of water 1 hr before exam and finish it within 15 mins. Hold in bladder for the remaining 45 min. Need full bladder!	Best if not fasting. If early AM patient to hydrate from night before, also for elderly *Timing matters, as the second part of exam requires EMPTY bladder*
Renal (includes Bladder)	KIDNEYS, BLADDER PROSTATE VOLUME	Begin drinking 32 oz of water 1 hr before exam and finish it within 15 mins. Hold in bladder for the remaining 45	Best if not fasting. If early AM patient to hydrate from night before, also for elderly *Timing matters, as the second part of

		min. Need full bladder!	exam requires EMPTY bladder*
Bladder Only	BLADDER, PROSTATE VOLUME(MALE)	Begin drinking 32 oz of water 1 hr before exam and finish it within 15 mins. Hold in bladder for the remaining 45 min. Need full bladder!	Best if not fasting. If early AM patient to hydrate from night before, also for elderly *Timing matters, as the second part of exam requires EMPTY bladder*
Thyroid	THYROID ADJACENT LYMPH NODES (LIMITED)		
Scrotum	TESTICLES EPIDIDYMES		
Carotids	BILATERAL CAROTID (CCA, ICA, ECA) AND VERTEBRAL ARTERIES		
DVT: Upper Extremity	DEEP VEIN SYSTEM IN ARM		
DVT: Lower Extremity	DEEP VEIN SYSTEM IN LEG		
Sonohysterogram	ENDOMETRIUM	Begin drinking 32 oz of water 1 hr before exam and finish it within 15 mins. Hold in bladder for the remaining 45 min. Need full bladder!	NEEDS PRIOR PELVIC TA/TV
OTHER:			
Pelvis (Male)	BLADDER PROSTATE VOLUME (MALE)	Begin drinking 32 oz of water 1 hr before exam and finish it within 15 mins. Hold in bladder for the remaining 45	Best if not fasting. If early AM patient to hydrate from night before, also for elderly *Timing matters, as the second part of

		min. Need full bladder!	exam requires EMPTY bladder*
Soft Tissue Groin	INGUINAL HERNIA INGUINAL LYMPH NODE MASS		
Soft Tissue Neck	MASS OF HEAD AND NECK		
Soft Tissue Upper Extremity	MASS (NON VASCULAR)		
Soft Tissue Lower Extremity	MASS (NON VASCULAR)		
Soft Tissue Abdominal Wall	MASS, HERNIA, WALL TEAR, FISTULA AND TRACK		
Soft Tissue Back	MASS		
INFANT PYLORIC STENOSIS	PYLORUS	NPO x 30 min (if possible)	
LYMPH NODE MAPPING PRE-OP	THYROID REACTIVE LYMPH NODES SURVEY NORMAL LYMPH NODES		Thyroid Cancer Pre-op
LYMPH NODE MAPPING POST THYROIDECTOMY	THYROID FOSSA REACTIVE LYMPH NODES SURVEY NORMAL LYMPH NODES		